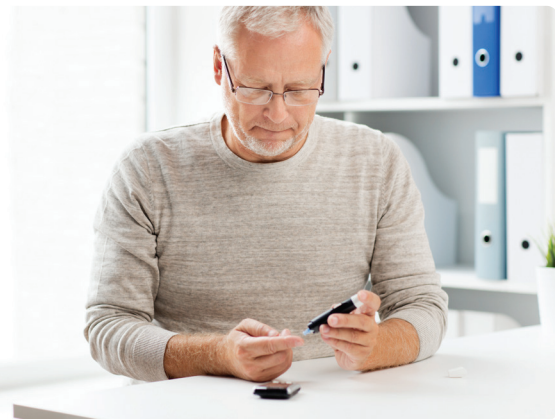




CORE HEALTH PARTNERS

BRINGING THE CLINIC TO THE COMMUNITY



MEN'S HEALTH: STAY HEALTHY AT ANY AGE

Awareness, Education & Prevention for Those Living with Diabetes



National Care Affiliates



Help A
Diabetic
Child™



National
Wellness
Institute



College of Medicine
Department of Pediatrics
UNIVERSITY of FLORIDA



NPI# 1649815200

DIABETES AND MEN'S HEALTH ISSUES

Historically, men have not been comfortable discussing issues about their health, particularly conditions like diabetes, depression or sexual dysfunction. This has resulted in shorter and less healthy lives for men in the United States compared to women.

It's a staggering fact that more than 10.5% of the population of the United States (that's more than 34 million children and adults) has diabetes. But, men develop diabetes slightly more than women do. According to the Centers for Disease Control and Prevention, 15.5% of men were estimated to have diabetes as of 2020, compared with 13.2% of women. Men are also 26% more likely to develop Type 2 diabetes than women.

Fortunately, better health management can help men with diabetes live longer and healthier lives, and evidence-based services exist to help people with diabetes and their healthcare teams prevent or delay diabetes complications.



Low testosterone and sexual health issues are just some of the side effects that men with diabetes may experience.

HOW TYPE 2 DIABETES AFFECTS MEN

Erectile Dysfunction: Men with diabetes are much more more likely to experience ED than men who don't have diabetes, according to a report published in Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy. High blood sugar harms small blood vessels or nerves, which can affect a man's ability to get an erection.

Low Testosterone: Type 2 diabetes doubles the risk for having low testosterone. When the male hormone drops, it can result in symptoms such as low energy, muscle loss, depression and sexual problems, including low libido and erectile dysfunction (ED).

Depression: If you have diabetes — either type 1 or type 2 — you have an increased risk of developing depression. And if you're depressed, you may have a greater chance of developing type 2 diabetes. The good news is that diabetes and depression can be treated together. And effectively managing one can have a positive effect on the other.



ASK DR JOHN QUERCI

Dr. John Querci, has over 40-plus years of experience as a physician with a strong background in men's health care. His passion has always been to help others live to their fullest potential and understands how important it is to get to know you and to help you navigate the increasingly complex world of men's health. You will be able to count on Dr. Querci to handle all of your concerns.

Confidential telehealth appointments with Dr. Querci are available 24-hours a day, seven days a week, by calling **570.313.3241**.

For those living with Type 1 or Type 2 Diabetes, Medicare and most private insurance pay for DSME.

Take advantage of this valuable benefit today!

www.mycorehealthpartners.com



Scan Here to Download
New Patient Referral Form

HOW WE CAN HELP

We are devoted to men's health, starting with a select group of physical therapists who have received specialized training in the treatment of health issues related to men. You will receive one-on-one treatment with a specialized men's health therapist, in a private, comfortable setting. Whether treatment is preventative or restorative, we have the experts you can trust.

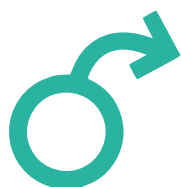
CORE HEALTH PARTNERS OFFERS THE FOLLOWING TREATMENT OPTIONS:



MEDICAL NUTRITION THERAPY (MNT)

Eating right can seem like a challenge, but it doesn't have to be. Our Registered Dietitians at Core Health Partners will support your wellness journey with individual nutrition counseling and education.

MNT is an evidence-based medical approach to treating certain chronic conditions using an individually-tailored nutrition plan implemented by our Registered Dietitians. Together with the patient, dietitians plan and implement nutrition interventions that meet patient needs and establishes a plan for positive change.



SOLUTIONS FOR ERECTILE DYSFUNCTION

Solutions for Erectile Dysfunction (ED) go well beyond Cialis and Viagra. ED is a very common issue, and it can usually be reversed with lifestyle changes, counseling, medications, or surgery.

If you are experiencing ED, confidential telehealth appointments are available 24-hours a day, seven days a week with expert medical advisors by calling [570.313.3241](tel:570.313.3241).



BEHAVIORAL HEALTH SERVICES

CHP is now offering telehealth counseling to support those in need of behavioral health services, including mental health, through a unique collaboration with David Lawrence Center.

If you think you might have depression, get in touch with us right away for help getting treatment. The earlier depression is treated, the better for you, your quality of life, and your diabetes.



STYKU 3D BODY SCAN & ASSESSMENT SERVICES

Diabetes, tendonitis and surgery can all cost you a lot of money, but 3-D body scans might help you save on those medical bills.

Our assessment services are designed to track progress through measurement of body composition with 3D scanner, movement assessment, fitness assessment, stress score evaluation and summary. Our approach uses provides personalized tools and education so that you can make smart lifestyle changes, take control of your health, and reach your goals.



CHP Brings the Clinic to the Community through Telehealth!

Core Health Partners assists managing diabetes from the comfort of home. Due to the COVID-19 pandemic, we are now offering telehealth options for most services.

The **American Diabetes Association** recognizes the education services of Core Health Partners as meeting the National standards for Diabetes Self-Management Education and Support.



*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.



Diabetes Alliance Network: Coordinating Better Care

Help a Diabetic Child (HADC) along with Core Health Partners (CHP) are founding members of the Diabetes Alliance Network (DAN) which is a coordinated effort of local, regional, and National affiliates each focused on providing the supplies, services, and education needed to successfully manage diabetes.

Through its affiliates, DAN has assembled a team of National and Internationally recognized experts in the treatment, management, prevention, and research of diabetes. These affiliates include HADC, CHP, the National Wellness Institute and the University of Florida College of Medicine.

DAN serves not only as a hub of information but has within its own team the necessary expertise to address the many needs and complications of diabetes.

Learn more about the mission and program of the Diabetes Alliance Network at www.findmydan.com.



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National Provider Identifier (NPI): 1649815200

Licensed: General Practice/ Multi-Specialty Group



CHP SERVICE LOCATIONS



CENTER FOR HEALTH PERFORMANCE

Academia Sanchez-Casal
(Naples Bath & Tennis Community)
2035 Sanchez-Casal Way
Naples, Florida 34105



HEALTHCARE NETWORK OF SWFL

Nichols Community Health Center
12655 Collier Blvd. Naples, FL 34116

HEALTHCARE NETWORK OF SWFL

1454 Madison Ave W., Immokalee, FL 34142



YMCA OF SOUTH COLLIER/MARCO YMCA

101 Sand Hill Street
Marco Island, Florida 34145