



Diabetes Alliance Network: Coordinating Better Care

Help a Diabetic Child (HADC) along with Core Health Partners (CHP) are founding members of the Diabetes Alliance Network (DAN) which is a coordinated effort of local, regional, and National affiliates each focused on providing the supplies, services, and education needed to successfully manage diabetes.

Through its affiliates, DAN has assembled a team of National and Internationally recognized experts in the treatment, management, prevention, and research of diabetes. These affiliates include HADC, CHP, the National Wellness Institute and the University of Florida College of Medicine.

DAN serves not only as a hub of information but has within its own team the necessary expertise to address the many needs and complications of diabetes.

Learn more about the mission and program of the Diabetes Alliance Network at www.findmydan.com.



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National Provider Identifier (NPI): 1649815200

Licensed: General Practice/ Multi-Specialty Group



CHP SERVICE LOCATIONS



CENTER FOR HEALTH PERFORMANCE

Academia Sanchez-Casal
(Naples Bath & Tennis Community)
2035 Sanchez-Casal Way
Naples, Florida 34105



YMCA OF SOUTH COLLIER/MARCO YMCA

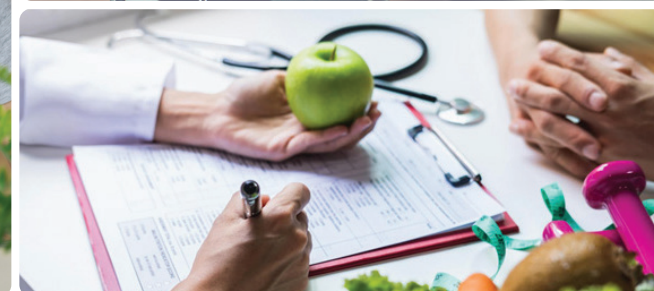
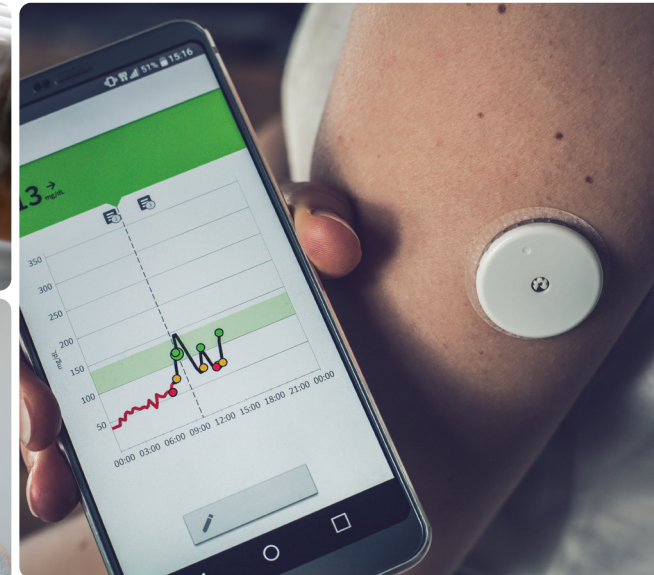
101 Sand Hill Street
Marco Island, Florida 34145

BONITA SPRINGS YMCA

27200 Kent Rd
Bonita Springs, FL 34135



CORE HEALTH PARTNERS
BRINGING THE CLINIC TO THE COMMUNITY



MEDICAL NUTRITION THERAPY FOR CONTINUOUS GLUCOSE MONITORS

Create an Individualized Diet to Support Optimal Health



National Care Affiliates



NPI# 1649815200

MEDICAL NUTRITION THERAPY

A Key to Diabetes Management and Prevention

Medical nutrition therapy (MNT) is a key component of diabetes care and self-management. MNT is a nutrition-based treatment provided by one of our registered dietitian nutritionist and includes therapeutic and counseling services to help manage diabetes.

REACH YOUR GOALS

At Core Health Partners, our team of Registered Dietitian Nutritionists (RDN) provide individual one on one nutrition sessions. Together with a registered dietitian nutritionist, you will set nutrition goals to improve your health.

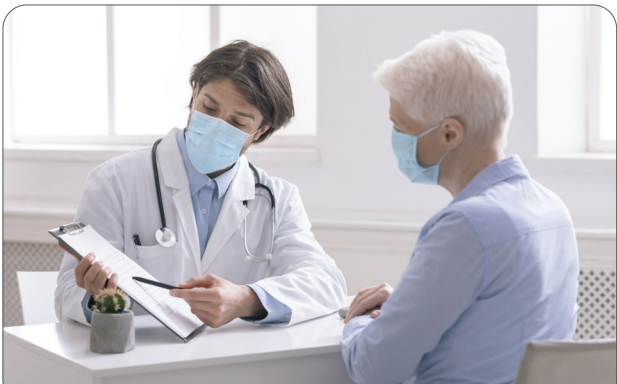
Medical nutrition therapy provided by an RDN includes:

- Review of your eating habits and lifestyle.
- Thorough assessment of your nutritional status.
- Personalized nutrition treatment plan.

The initial session with a RDN takes approximately one hour. During this appointment, the dietitian will conduct a thorough review of your diabetes and other concerns, medical history, eating preferences, physical activity, stress, sleep, social support, and work life balance. This is the first step in developing a diabetes management and a nutrition plan according based on your personal preferences and needs. We help you set short and long terms goals to better manage your health.

You will continue to meet with the RDN to address any questions or concerns and to continue or adapt your current plan to build on your successes. Our main goal is to support patients along the path to health and wellness.

Persons interested in having their insurance cover the Medical Nutrition Therapy (MNT) and Continuous Glucose Monitoring (CGM) should scan, download and print the New Patient Referral form below and bring it to your physician.



All Core Health Partners program and services are available as a cash based service or through insurance. However, it is important to recognize Medicare typically covers 100% of the cost of Medical Nutrition Therapy for patients with diabetes, and Chronic Kidney Disease (CKD).

MEDICAL NUTRITION THERAPY FOR CONTINUOUS GLUCOSE MONITORS

Creating individualized eating plans by tracking glucose with a Continuous Glucose Monitor (CGM)

MNT for CGM takes CGM beyond replacing fingersticks to promoting patient guided behavioral change that results in better self-management of diabetes. Because nutrition plays such a large role in diabetes management MNT and CGM are the perfect pairing.

CHP advocates for those living with diabetes by offering tailored, diabetes specific Medical Nutrition Therapy (MNT) as well as CGM training on how to effectively use CGM technology and interpret those results as a means to improve glycemic control, promote and support lasting lifestyle change and empower those living with diabetes to improve quality of life.

Studies have proven the accuracy of CGM and most show that using the trend/pattern data from CGM can result in less glucose variability and improved glucose control.

THE POWER OF INFORMATION

In the past, there have been few tools to help understand the direct and immediate effect food has on glucose levels. CGM has changed all this.

As a component of the CHP DSME Program, the daily use of CGM provides patients the ability to track glucose trends 24-hours a day, not only in response to food and beverage choices, but for lifestyle behaviors including physical activity/ movement, sleep, and many others that are known to affect glucose.

This information equips people with diabetes with the information to optimize food and beverage choices and physical activity to make informed decisions.



With real-time, objective, actionable information about how food and lifestyle choices affect glucose levels, CHP's Medical Nutritionists can create a personalized diet to support your health.



CHP Brings the Clinic to the Community through Telehealth!

Core Health Partners assists managing diabetes from the comfort of home. Due to the COVID-19 pandemic, we are offering telehealth options for DSME and MNT services.

Medicare and most private insurance pay for MNT, CGM and other services.

Take advantage of this valuable benefit today!
www.mycorehealthpartners.com



Scan Here to Download
New Patient Referral Fom

See trends and patterns to help better manage diabetes.



Daily Patterns

displays a graph showing the pattern and variability of your Sensor glucose over a typical day.



Time in Target

displays percentage of time your sensor glucose readings were within, above or below your Target Glucose Range



Low Glucose Events

shows readings lower than 70 mg/dL (for a minimum of 15 minutes) in four different 6-hour periods of the day

The American Diabetes Association recognizes the education services of Core Health Partners as meeting the National standards for Diabetes Self-Management Education and Support.



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